

2010 Track & Field Season!

League Website-<http://www.s-p-l.org>

Meet dates: (not sure on correct dates yet) **April 24th, May 1st, May 8th, May 15th and May 22nd**
Possibility of participating in 5/6th "friendly" weekday meet with IC and St. Francis TBA

The expectation is that the athlete is required to make all the SPL meets.

Official Practice begins March 16th

	GIRLS	BOYS
Monday		
Tuesday	START DATE MARCH 16 th : Field Events Practice 4:45-6:00 for JV 6:00-7:15 for Varsity	
Wednesday	8 th Girls at LTHS North High School 5:30-6:30	
Thursday	8 th Girls Practice @ SJC 5:30-6:30	
Friday		3:45-5:00

Team members are required to attend at least two practices a week, to be eligible to compete in the weekend meet. Attendance is taken at every practice, so be sure to sign in. No exceptions.

COACHES' ROSTER:

5th Grade Girls

Tom/Cathy Bonaccorsi
Kim Sarros

6th Grade Girl

Jamie Sovcik
Mike/Lisa Milani

7th Grade Girls

Margaret Nicholson

8th Grade Girls

Margie Connelly
Bob Cooper

5th Grade Boys

Kathleen Conway

6th Grade Boys

Kristie Scriba
Diane/Dan Schick

7th Grade Boys

Debbie Skowron
Sue Halleran

8th Grade Boys

Jamie Sovcik
Anne Sagastume
Margaret Nicholson

Meet dates and locations

<u>Date</u>	<u>Host</u>	<u>Location</u>	<u>Address</u>
JV Weekday Meet (TBD)	IC Invite	Elmhurst College	190 S. Prospect Ave. Elmhurst, 60126
Sat., April 24	St. Alexander	Montini?	
Sat., May 1	St. Francis	Westmont	909 N. Oakwood Dr. Westmont, 60559
Sat., May 8	St. John of the Cross	Glenbard West	670 Crescent Blvd. Glen Ellyn, 60137
Sat., May 15	Immaculate Conception	Elmhurst College	190 S. Prospect Ave. Elmhurst, 60126
Sat., May 22	St. Michael	Wheaton College	501 College Avenue, Wheaton

In order to support your teammates, we ask that you stay for the entire portion of the JV or Varsity track meet. If you must leave early, be sure to inform one of the SJC coaches. If possible, let us know you will be leaving early prior to the meet. This will allow us to adjust the roster and insure that we have participants for all events.